

# ALLERGY ADVICE

## Please tell us if you suffer from a food allergy or intolerance.

The Food Information Regulations require that we state if our dishes contain ingredients considered to be allergenic. We have put this information here, the allergens listed by the Food Standards Agency are shown with the menu number of any dishes that may contain them.

**The dish numbers shown below in red are those we cannot prepare without the allergen being present.**

If a dish number is not shown it means there is either no allergen present or it can be removed if requested.

Please note that every care is taken to avoid cross contamination but we cannot guarantee a dish to be completely free of a particular allergen.

- **Wheat, in pastry wrappers, batter or as a constituent of oyster and soya sauces.**

**1, 4, 5, 6, 7, 8, 9, 11, 70, 71, 72, 73, 77, 100, 107.**

**201 many contain gluten from manufacturing methods.**

Those with a gluten intolerance should avoid the dishes shown in red. All other dishes in our menu can be prepared without gluten-containing ingredients if requested.

- **Crustaceans, as prawns or crabs in a dish or as a constituent of shrimp paste.**

**3, 7, 8, 9, 10, 11, 201, 12, 13, 15, 16, 17, 25, 39, 40, 41, 42, 43, 53, 58, SH4.**

- **Molluscs, as mussels and squid in seafood dishes but also as a constituent of oyster sauce.**

**5, 9, 16, 17, 44, S7.**

- **Fish, either seafood dishes or in fish sauce where anchovies are used**

**3, 11\*, 16, 17, 45, 47, 48, 49, 50, 51, S6, S7, S8.**

\* if 3 not substituted.

- **Soya beans, as tofu, soy sauce or oil.**

**1, 4, 6, 11, 33, 70, 73, 74, 77, 81, 84, 88, SH2, SH3**

**Chocolate truffles and cups (0.2% soya as emulsifier)**

- **Sesame seeds or oil**

**4, 6, 107.**

- **Peanuts, either whole roasted or ground.**

**107, dipping sauce for starter 2**

All of rest of our dishes can be prepared without peanuts but those with a serious allergy should be aware that we cannot guarantee their total absence.

- **Nuts**

Only the **chocolate cups** contain nuts (hazelnuts), which cannot be removed.

- **Celery used as a vegetable or Thai celery in salads.**

- **Eggs**

**3, 4, 7, 54, 56, 72, 77\*, 107.**

\* if 72 not substituted.

- **Milk**

**105, Chocolate truffles and cups.**

## **Vegetarian and Vegan**

All of our vegetarian menu is suitable for vegans, with only a few changes.

We do not use shrimp paste in our vegetarian food and soy sauce replaces oyster sauce.

Dairy ingredients are not included in any Thai dishes.